

Play Drums & Rhythm to Boost your:



- Fitness & Weight Mgt.
- Balance and Coordination
- Communication Skills • IQ
- Confidence • Intimacy
- Intuitive & Spiritual Key



Neuroscientist & percussionist Stephen Dolle facilitates health & fitness, sports, team-building, and special needs drumming events and workshops.

"Drumming Events & Workshops" Freedom Drum Instruments Sales

DolleCommunications.com Off: (949) 642-4592 Cell: (714) 749-0851



Stephen will guide you to play instruments to connect your brain's time-space and communicative functions with your entire body. A series of intuitive brain wave entrainment rhythms then enhance team-building and well being. Stephen is a drum circle facilitator, medical consultant, neuroscience researcher, and intuitive with experience in clinical medicine, neurological disorders, mind/body medicine, coaching sports, and playing percussion and music.

Benefits of Group Drumming include:

- » Improves Balance, Health & Fitness (Bitman et. al., Remo Co., Dolle)
- » Reduces Personal and Workplace Stress (Bitman et. al., Remo Co.)
- » Improves Communication Skills & Intimacy (Dolle, Remo Co.)
- » Improves Outcomes and Survival in Cancer (Bitman et. al)
- » Improves Sensory Processing and Mobility in Neurological disorders, 2002 Dolle Sensory Integration Study (Bitman et. al., Thaut et. al.)

SEE our Power Point presentation on "The Rhythms of your Brain"

Keynotes, Group Drumming & Workshops

Call for Pricing and Availability

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